

PAR**T****N****E****R****S**
FOR HEALTH

ParTNers Health & Wellness Center

About the Health Center

- WRS Tennessee Tower, 3rd floor
- For employees on State Group Health Insurance Plan
- Monday-Friday, 8 a.m.-4:30 p.m.
- Highly trained and experienced staff
- Wide range of services and capabilities

PARTNERS
HEALTH&WELLNESS
CENTER



Center staff

- 2 full-time Family Nurse Practitioners
 - Janet Keys, FNP
 - David Flecksteiner, FNP
- Physician (1 day/week)
 - Dr. Marshelya Wilson, MD
- Behavioral health counselor (3 days/week)
 - Kayla Smith, LPC
- 2 patient service representatives
- 3 full-time nursing staff
- Onsite health coach (available as scheduled)

Services

- Minor illnesses/injuries
- Allergy treatments
- Chronic condition assessment (diabetes, high blood pressure, etc.)
- Some lab testing (ex. biometric screening)
- Certain immunizations
- Limited onsite prescriptions, OTC medications and e-prescriptions
- Onsite behavioral health and employee assistance counseling
- Onsite lifestyle and chronic disease coaching
- Wellness services
 - Tobacco cessation aids
 - Nutrition/physical activity assessment
- Integrated visits: medical, wellness, behavioral health
- Referrals to PCP or specialist, if needed

FollowMyHealth patient portal

- Confidential and convenient
- Access through website: partnershealthcenter.com
- Connected to UCHS confidential electronic health record
- Capabilities
 - Schedule a medical appointment
 - Access labs and medication information
 - View clinic information after a visit
 - Ask a provider a question
 - View patient education information

Onsite Employee Assistance Program (EAP) services



- Confidential
- Convenient
- Help with:
 - Life, family, work stress
 - Anxiety and depression
 - Other behavioral health issues
- Employee initiated
- Available to employers for employee assistance consultations

Upcoming events/changes

- Flu shots
 - New schedule for October 2015
- CDHP
 - Deductibles apply and insurance billing will occur
 - Member will pay UCHS billing department
- Behavioral health
 - Monthly Lunch & Learns
 - Visit partnershealthcenter.com for event schedules
- Wellness
 - Lunch & Learns
 - Onsite small group meetings

The seal of the United States Department of Agriculture is visible in the top right corner. It features a circular design with a plow, a sheaf of wheat, and a cotton plant. The text "DEPARTMENT OF AGRICULTURE" is at the top, "UNITED STATES" is at the bottom, and "1796" is in the center. The seal is partially obscured by a red horizontal line.

Questions?